



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MINOT FAMILY YMCA CLIMBING WALL LIABILITY WAIVER

ADMISSION REQUIREMENTS & RULES

1. All climbers must sign a waiver and fill it out COMPLETELY and LEGIBLY. A parent/legal guardian must sign the release form if the climber is under 18 years of age.
2. Climbers under the age of 9 must be accompanied by an adult, and this adult MUST stay in the climbing area while the climber is using the climbing wall.
3. For a full outline of rules and policies please refer to the General Member Policies.

For your own safety and the safety of other climbers and spectators, you must understand and follow all climbing wall rules. Failure to abide by these rules may result in dismissal from the climbing area. Please sign and date this form after you have read it in its entirety. If you have any questions about these rules, please contact a staff member for clarification.

RELEASE OF ALL CLAIMS, WAIVER OF LIABILITY, AND INDEMNIFICATION AGREEMENT

Please initial all indicating you have read, understand, and agree with the following terms. If a climber is under 18 years of age, a parent or legal guardian must sign this form.

In consideration of me or my child being permitted to use the YMCA climbing wall, facilities, services, and equipment:

_____ I understand and agree that the use of such facilities and equipment has inherent, unanticipated, and unknown risks and dangers that may cause injuries or death, such as slips, trips, falls, or accidents. I expressly assume all risk of injury or death that may be sustained during the use of the climbing wall, facilities, and equipment including those caused or contributed to by the acts or omissions of the YMCA or its officers, directors, agents, and employees, defects in the climbing wall, facility and equipment, the negligence of others, and my own negligence or misuse.

_____ I understand that the YMCA offers free protective headgear for my or my minor's use. I assume all risks of using or not using such protective headgear.

_____ I hereby release, acquit, and discharge the YMCA, its officers, directors, agents, and employees of and from all claims and liability of any kind that may result from or arise out of the use of the climbing wall, facilities, and equipment. I covenant and agree that I will not sue or commence any action of any kind against the YMCA, its officers, directors, agents, employees, successors and assigns as a result of my or my child's use.

_____ I agree to indemnify and hold harmless the YMCA, its officers, directors, agents, employees, successors and assigns, of and from any claims, demands, liabilities, or losses, including attorney's fees and costs, arising out of my use of the YMCA climbing walls, facilities, and equipment.

ADULT CLIMBER (18+) OR PARENT/GUARDIAN OF MINOR (17 OR YOUNGER)

Name: _____ Date: _____

Phone: _____ Email: _____ Birthdate: _____

Address: _____ City: _____ State: _____ Zip Code: _____

MINORS UNDER THE AGE OF 18

Climber Name: _____ Birthdate: _____

Climber Name: _____ Birthdate: _____

Climber Name: _____ Birthdate: _____

Climber Name: _____ Birthdate: _____

Climber Name: _____ Birthdate: _____

EMERGENCY CONTACT

Name: _____ Relationship: _____ Phone: _____ Alt # _____

TO BE READ & SIGNED BY ADULT CLIMBER (18+) OR PARENT/GUARDIAN OF MINOR (17 OR YOUNGER)

I hereby represent that I am the parent/guardian of the minor whose name appears above. I am familiar with and consent and agree to the terms and provisions set forth in this waiver/release, on behalf of myself and said minor.

SIGNATURE: _____ Date: _____



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MINOT FAMILY YMCA CLIMBING WALL RULES & ETIQUETTE

AGE POLICIES/RESTRICTIONS

1. All climbers and/or parent or legal guardian must read and complete the waiver/release form. Minors under 18 must have the waiver completed and signed by their parent/guardian. Parents must be present when children are 8 and under during open climbing.
2. Belaying: Persons ages 14+ may belay after completing and passing the Belay Certification Test and issued a belay card by the Minot Family YMCA.
3. The youngest to climb is whoever fits in the harness safely and weighs 35 pounds.
4. At NO time should anyone be climbing without climbing trained staff present.

BEHAVIOR POLICY

1. All climbers MUST abide by the judgments of the Minot Family YMCA staff.
2. Climbers will be suspended for misconduct in the Climbing Wall. The first offense will be a one-week suspension from the Climbing Wall. The second offense is a one-month suspension. The third offense is a one-year suspension from the Climbing Wall.
3. No running, jumping, yelling, swinging on the ropes or horseplay in the climbing area.

CLIMBING HELMET EDUCATION

In any high-risk sport, it is necessary to fully evaluate all the risks. The climbing helmet is a piece of safety equipment that primarily protects the skull against falling debris, as well as impact forces during a significant fall/swing.

Helmets in an indoor setting send an initial perception of safety but have many factors to take into consideration. Helmets can be useful in an indoor setting. They can create a barrier between the head and the wall in the event of a swing into the wall, however, the padding on a helmet that would absorb impact is located in the top part of the helmet and not within the sides of the helmet.

With auto belays there is an increased risk for helmets creating a situation where they could potentially get caught on a hold and create a choking hazard. For this reason, the manufacturer of the auto belays recommends not using helmets with auto belays.

After much research into the risks and benefits of helmets on an indoor wall setting with auto belays, as well as standard practice in an indoor climbing wall setting, the Minot Family YMCA will not require the use of helmets. Helmets will be available for use at any time if requested by the climber or climber's parent/guardian. The YMCA would like to give climbers, as well as their parents and guardians, the information they need to make an educated choice when it comes to the use or non-use of a climbing helmet. Please talk with one of the climbing wall attendants if you have any other questions.

CLIMBING WALL POLICIES

1. All climbers must have a signed waiver on file and present a waiver card from the Service Desk prior to climbing.
2. Belaying: Persons ages 14+ may belay after completing and passing the Belay Certification Test and issued a belay card by the Minot Family YMCA.
3. All Routes are top-rope or auto belay use only. Bouldering is only allowed up to the 9-foot mark.
4. Staff reserves the right to inspect any personal climbing equipment and prohibit its use.
5. Climbing or traversing beneath another climber is prohibited.
6. NO open-toed shoes, bare feet, skirts/skorts or dresses allowed to climb. Shirts, pants and climbing shoes or close-toed athletic shoes are required at all times.
7. No food or beverages other than water are allowed in the climbing area.
8. All incidents, accidents, wall damage and equipment damage MUST be reported to a Minot Family YMCA staff member immediately.
9. Tightening, loosening, or moving holds is not permitted without authorization from the climbing staff.
10. Please report any loose holds, bad wear spots on ropes, and anything else you may believe is a safety hazard so it can be corrected.